



45SW COMMUNITY CALENDAR

APRIL - JUNE 2016



TRANSITION ASSISTANCE PROGRAM (TAP) @ A&FRC (BLDG 722)
4-8 April, 2-6 May, 6-10 June, 0800-1600
Mandatory for pending retirees and separatees; Pre-Sep, DOL, and VA

FIRST TERM AIRMAN @ A&FRC (BLDG 722)
11 April, Car Buying 1200-1300
16 May, TSP 1200-1300
13 June, Road to Riches 1200-1300
Financial Management Courses during First Term Airman Program

LUNCH AND LEARN @ AFTAC FOYER CONF. ROOM
6 April, 1000-1200 (Open to All)
Reading, Accessing and Understanding the Importance of Credit Reports

NEWCOMERS ORIENTATION @ A&FRC (BLDG 722)
19-20 April, 17-18 May, 21-22 June
First Day is 0715-1600, Second Day is 0730-1230
Wing/Base Orientation for newly assigned military, spouses and civilian employees

SMOOTH MOVE @ A&FRC (BLDG 722)
21 April, 19 May, 23 June – All 0900-1100
Various agencies present specific information making your PCS a smoother process

BUNDLES FOR BABIES @ A&FRC (BLDG 722)
12 May, 1630-1900
Orientation about New Born Child Care for Moms and Dads

KEY SPOUSE TRAINING/FORUMS @ A&FRC (BLDG 722)
4 May, 1730-1930, KS Forum
12 Ma, 0830-1400, KS Training
Orientation and Recurring training for designated Key Spouses

TROOPS TO TEACHER @ A&FRC (BLDG 722)
15 June, 1100-1300
Transitioning from the Military to a Career in Education

USA JOBS @ A&FRC (BLDG 722)
12 May, 22 June, 0900-1100
Information on the USA Jobs Website and application process

TOBACCO FREE LIVING CLASS @ DENTAL CLINIC CONF. RM.
Monthly, Call 494-2660 for dates/times

HEALTHY WEIGHT PROGRAM @ DENTAL CLINIC CONF. RM.
Tuesdays 1000-1100
Weekly class, meets criteria for AF-108 (Be Well Program)

LIVING WITH DIABETES & DIABETES SUPPORT GROUP @ DENTAL CLINIC CONF. RM.
7 April, 1600-1730, May-June TBD
Learn how to manage diabetic symptoms to improve blood glucose levels.

BOD POD @ HEALTH PROMOTION FLIGHT-DENTAL CLINIC
Tuesday mornings by appt only
Assesses percentage of lean and fat mass. Call 494-2660 to schedule appointment.

INTRODUCTION TO MINDFUL NUTRITION @ DENTAL CLINIC
Schedule TBD, Call 494-2660 for details
Learn the basics of eating the foods you love, healthfully and mindful

BRING A FRIEND SATURDAYS @ YOUTH CENTER
2 & 16 April, 1300-1900
Special hours for youth ages 9-18. Bring a friend if you like- cooking, line dance lessons, karaoke, pool, music, etc.

KID'S NIGHT OUT @ YOUTH CENTER
8 April, 13 May, 10 June, 1800-2300
Reservations required - grades K-6, \$20 members

FAMILY BINGO @ YOUTH CENTER
15 April, 1900
Prizes for every game. Youth with parents attending

PURPLE UP DAY IN SUPPORT OF MONTH OF THE MILITARY CHILD
15 April, All day
Wear purple in support of our military children

OPERATION TALENT SHOW @ YOUTH CENTER
22 April, 1900
Youth & families perform for attendees. Sign up in advance is requested

AF WORLDWIDE OPERATION MEGAPHONE TEEN LOCK-IN @ YOUTH CENTER (AGES 13-18)
29 - 30 April, 2100-0700
Permission slip req. by 27 April, \$15 with \$5 discount for 3 new pet items for donation

SUMMER BASKETBALL REGISTRATION @ YOUTH CENTER
1 April - 21 May
For ages 5-15 yrs. Call Luis Rexach at 428-3781 for more information

GIRLS ON THE RUN @ YOUTH CENTER
Tuesdays & Thursdays 1530-1630
Girls aged 9 & up for mentorship & fitness. Call 428-3781 to register

YOUTH & VOLUNTEER PROGRAM AWARDS @ YOUTH CENTER
11 May, 1730
Enjoy a pizza party after the event

AMERICA'S KIDS RUN @ YOUTH CENTER
21 May 0830, Check-in- 0900 run begins
Poinsettia Drive adjacent to the Youth Center
MUST Register @ americaskidsrun.org Call Luis Rexach @ 428-3781 for info

LET'S MOVE! INITIATIVE @ YOUTH CENTER
Mondays & Wednesdays 1630-1730
The First Lady's fitness program! Call 428-3781 to register

SUMMER CAMPS OPEN ; SCHOOL AGE SUMMER CAMP & TEEN CAMP XTREME @ YOUTH CENTER
31 May
Registration in advance is required. Call 610-8880 for more information

FAMILY ICE CREAM SOCIAL @ YOUTH CENTER
17 June, 1800-1900 hrs
Members & their families enjoy ice cream with all the fixins!. Music, games, fun

AF SERVICES TEEN AVIATION CAMPS & AF SERVICES SPACE CAMPS
Applications Due NLT 15 April to Youth Programs @ Youth Center
Teen Aviation Camp held At AF Academy (June 18-24) & Space Camps held in Huntsville AL (Jul 31-Aug 5). Applications are electronically submitted to POC darleena.jones@us.af.mil NLT 15 Apr for review. An interview will be scheduled before forwarding to AF NLT 22 Apr. Email POC or call 610-8880 for more information. Selection process is at higher HQ level

ADAPT
Building 1370
(Behind Base Clinic)
321-494-8234

Airman & Family Readiness Center (A&FRC)
Building 722, 321-494-5676

Chapel Team
Building 440, 321-494-4073

Family Advocacy Program (FAP)
Building 1370 (Behind Base Clinic)
321-494-8171

HEALTH PROMOTION
Building 546, 321-494-2660

Mental Health
Building 1370
(Behind Base Clinic)
321-494-8234

Military Family Life Counselor
321-634-4953

Patrick Family Housing
Building 1060
321-613-3810/321-779-9785

Resiliency Office
321-494-6968

Sexual Assault Response Coordinator
321-494-7272

Special Needs Coordinator (SNC) Exceptional Family Member Program (EFMP)
Building 1381
321-494-6493/8546

Single Airmen Program Outdoor Rec
321-494-5158

Youth Center
Building 3656
321-494-4747



DOWNLOAD THE CALENDAR ON YOUR SMART PHONE