

Sexual Assault Prevention and Response Program provides:

- > One-on-one direct interpersonal support to victim
- > Crisis intervention, referral and ongoing support
 - Assists victim through initial response
 - During investigative, legal, and recovery processes (if unrestricted)
 - Information on available options and resources (on and off base) so victim can make informed decisions
- > Victim accompaniment (at victim's request) during investigative interviews and medical examinations
- > Confidentiality for SARC and assigned victim advocate

Helpful Phone Numbers:

- > SAVS (forensic exam)
(321) 784-4357
- > PAFB Mental Health
494-8234
- > PAFB Chaplain
494-4073
- > AFOSI
494-5794
- > Special Victims' Counsel
(813) 828-7668
- > DoD Safe Helpline
(877) 995-5247

If you are sexually assaulted:

- > *Go to a safe place*
- > *Do not shower or clean up*
- > *Preserve the evidence (clothing, bedding, towels, etc.)*
- > *Get Help: Contact the Sexual Assault Response Coordinator 494-SARC*
- > *Get medical assistance*
- > *Get counseling*
- > *Make informed decisions*

Ms. Laura Tasker
Sexual Assault Response Coordinator (SARC)
Patrick AFB & CCAFS
(321) 494-7272 or 4-4017; DSN: 854-7272
laura.tasker.1@us.af.mil



**SEXUAL
ASSAULT**
I am not
a victim
anymore.
I am a
survivor.

Sexual Assault Awareness

Don't be afraid
*Options are available to get
the help you need.*



45th Space Wing
Patrick AFB & CCAFS
(321) 494-SARC

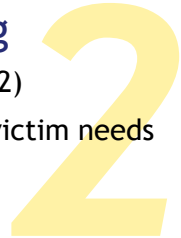
Three Types of Reporting

Restricted (Confidential) Reporting



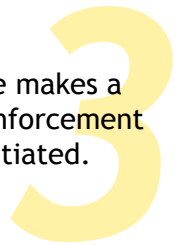
- > Contact SARC 494-SARC (7272)
- > Victim Advocate (VA) attends to victim needs
 - Provides supportive services
- > Receive necessary medical care
- > Receive mental health care
- > Can make reporting decisions later
- > Law Enforcement and Command not notified
- > Available only through the SARC, VA or MDG

Unrestricted Reporting



- > Contact SARC 494-SARC (7272)
- > Victim Advocate attends to victim needs
- > Follows normal procedures
- > AFOSI notified
- > Command notified
- > Living/Work accommodation

Independent Report



If anyone who has knowledge makes a report to command or law enforcement a criminal investigation is initiated.

- > *Sexual assault is a crime.* It is defined as intentional sexual contact, characterized by use of force, physical threat or abuse of authority or when the victim does not or cannot consent.
- > Sexual assault includes rape, nonconsensual sodomy (oral or anal sex), indecent assault (unwanted, inappropriate sexual contact or fondling), or attempts to commit these acts.
- > Sexual assault can occur without regard to gender or spousal relationship or age of victim.
- > “Consent” shall not be deemed or construed to mean the failure by the victim to offer physical resistance. Consent is not given when a person uses force, threat of force, coercion or when the victim is asleep, incapacitated, or unconscious.

Sexual Assault is the most underreported crime because:

Fear of lack of privacy/confidentiality (loss of control over information)

- Stigma, fear, shame
- Fear of disciplinary action (collateral violation)
- Fear of re-victimization
- Fear of being reduced in eyes of colleagues; commander
- Fear of perceived operational impact (training, deployment, security clearance/PRP)

I only let myself feel it once. The feelings caught me totally by surprise. I guess I had let down my guard and suddenly this wave of grief hit and I felt like I was melting, dying, worse – vanishing. It was like everything I knew to be me no longer mattered. It was like being dead only worse because I was disappearing and all that was left was pain and nothing else that I could recognize. There was no me.

Lebowitz, clinical notes, 2003

Common Effects of Sexual Assault

- Fear
- Helplessness
- Shame
- Self-blame and Guilt
- Legitimacy and Validation
- Rage
- Loss of Meaning and Sustaining Beliefs
- Betrayal and Loss of Trust
- Diminished Sense of Self
- Grief and Loss
- Isolation and alienation

You are NOT ALONE!

